



Richmond Volleyball Club 2010 Summer Camps

Summer Camp for Setter Training

RVC will offer a setting camp this year with an athletic trainer on site for boys and girls. The camp will provide specific training for setters to include movement, hand position, and will be excellent preparation for the upcoming high school tryouts. Each camper will set thousands of balls each day. The camps will be under the direction of Jackie Murphy, the women's head volleyball coach at West Virginia Wesleyan College.

This camp will also be staffed by area high school coaches, RVC junior coaches and collegiate players. The camper to coach ratio will not exceed eight to one and the facilities are air-conditioned.

Setter Camp (13 - 18 years old)

| | | | |
|-------------------------------------|----------|-----------|-------------------------|
| Saturday, July 17 - Monday, July 19 | RVC West | 9am - 3pm | (lunch is not provided) |
| Saturday, July 24 - Monday, July 26 | RVC West | 9am - 3pm | (lunch is not provided) |

Ages are estimates. Camps are intended for preparation of the upcoming high school season

******* Registration Fee *******

\$180 for non members

\$165 for RVC members

\$300 for both camps

Make checks payable to "RVC"

2921 Byrdhill Road; Henrico, VA 23228

Each camper who registers by June 4 will receive a free T-shirt. Individuals withdrawing from a camp by June 7, 2010 will receive a refund of \$150. Withdrawing after that date, including no shows, will not be eligible for a refund.

Space can be limited so register early

Scholarship opportunities are available on a limited basis. Please contact the office for more information.

Setting Camp (13 - 18 years old) \$180 for non member / \$165 for RVC member / \$300 for both camps

July 17 - July 19 _____ July 24 - July 26 _____
(please check the appropriate date)

Name: _____

Mailing Address: _____

City: _____ Zip: _____ Phone: _____

Email: _____

Grade (Fall 2010): ____ School Attending: _____ Date of Birth: _____

T-shirt Size (circle one): **XXLarge** **XLarge** **Large** **Medium** **Small** **YXL (18/20)** **YL (14/16)** **YM (10/12)**

T-shirts cannot be exchanged for a different size once ordered. Additional shirts can be purchased for \$12.

Emergency Contact Information:

Name: _____

Home Phone _____ Work _____ ext. _____ Cell Phone _____

Please return registration form and proper payment to RVC North at:

2921 Byrdhill Road, Henrico, VA 23228

Call 358-3000 or go to www.rvc.net for more information!

To pay by credit card: Visa _____ Master Card _____ Discover _____ Expiration Date _____

account # _____ Security Code _____