



Richmond Volleyball Club 2008 Fall Clinic



Fall Clinic for Setter Training

RVC will offer a three hour setting clinic this fall for girls. The clinic will provide specific training for setters to include movement, hand position, vision, and decision-making. The clinic will be under the direction of [Antonio Pavlov](#), assistant women's volleyball coach, of Virginia Commonwealth University. As the newly named assistant, Mr. Pavlov will be in charge of setter training for VCU.

As a player, Mr. Pavlov's setting career encompassed 12 years, including the 1979 Bulgarian Junior National Team as well as several pro clubs in Bulgaria. Mr. Pavlov continues the legacy of his mother who was the setter for the Bulgarian National Team in the mid 60's and named the Best Setter in Europe, during the 1966 European Championships. He brings over 20 years of coaching experience to the court, most recently at the University of Arkansas at Little Rock where his 2007-08 setter was named Sun Belt Conference "Freshman of the Year".

The top athletes willing to make a commitment to RVC Juniors will have the opportunity to attend seven weeks of setter training on Sunday afternoons under the direction Coach Pavlov from September 21 thru November 2 at no additional cost.

Setter Clinic (14 - 18 years old)

Sunday, September 14

RVC West

2pm - 5pm

Ages are estimates

******* Registration Fee *****
\$25**

Make checks payable to "RVC"

Space can be limited

RVC West Address

1907 Westmoreland Street, Richmond, VA 23230

No refunds

Setting Clinic (13 - 18 years old) \$25

Name: _____

Mailing Address: _____

City: _____ Zip: _____ Phone: _____

Email: _____

Grade (Fall 2008): ____ School Attending: _____ Date of Birth: _____

High School Volleyball Experience: _____

Club Volleyball Experience: _____

Emergency Contact Information:

Name: _____

Home Phone _____ Work _____ ext. _____ Cell Phone _____

Please return registration form and proper payment to RVC at:

1907 Westmoreland Street, Richmond, VA 23230

Call 358-3000 for more information!

www.rvc.net