



Richmond Volleyball Club 2009 Summer Camps



Summer Camps for Girls

RVC will offer separate camps for girls. Each camp will be staffed with an athletic trainer. These camps will provide excellent preparation for the upcoming high school tryouts. The camp will be under the direction of Andrea Dowdy and Marci Jenkins.

Ms. Dowdy is presently the technical trainer for the Steward School volleyball program and the former Associate Head Women's Coach at Virginia Commonwealth University. She played for the University of Virginia from 1997 - 2001. She left UVA as the school record-holder for career service aces (154) and aces in a match (7), and was one of only seven players in school history to reach 1,000 kills. She was named the team's Most Valuable Player as a senior and was selected to the ACC All-Rookie Team in 1997. She has six years coaching experience at the collegiate level and has been an assistant on several RVC National Teams.

Ms. Jenkins, head women's volleyball coach for Radford University. She was a high school coach in the Richmond area for more than ten years at Hermitage High School and Mills Godwin High School where her team was the Central Region Champion in 2004. She then coached for two years at Chowan University before being named the new women's coach at Radford University. Under Ms. Jenkins guidance the RVC 16N team competed in several USAV National Championships.

The camp will also be staffed by area high school coaches, RVC junior coaches, collegiate coaches and players. The camper to coach ratio will not exceed ten to one and the facilities are air-conditioned.

Girl's Camp (13 - 18 years old)

Tuesday, July 7 - Friday, July 10	RVC West	9am - 4pm	(lunch is not provided)
Tuesdayday, July 14 - Friday, July 17	RVC West	9am - 4pm	(lunch is not provided)

Ages are estimates. Camps are intended for preparation of the upcoming high school season

******* Registration Fee *******

\$210 for non member

\$190 for RVC member

Make checks payable to "RVC"

1907 Westmoreland Street, Richmond, VA 23230

Each camper who registers by June 5 will receive a free T-shirt.

Space can be limited so register early

Individuals withdrawing from a camp by the June 8, 2008 will receive a refund of \$150.

Withdrawing after that date, including no shows, will not be eligible for a refund.

Girl's Camp (13 - 18 years old) \$210 for non members / \$190 for RVC members

July 7 - July 10 _____ July 14 - July 17 _____
(please check the appropriate date)

Name: _____

Mailing Address: _____

City: _____ Zip: _____ Phone: _____

Email: _____

Grade (Fall 2009): ____ School Attending: _____ Date of Birth: _____

T-shirt Size (circle one): **XXLarge** **XLarge** **Large** **Medium** **Small** **YXL (18/20)** **YL (14/16)** **YM (10/12)**

T-shirts cannot be exchanged for a different size once ordered. Additional shirts can be purchased for \$10.

Emergency Contact Information:

Name: _____

Home Phone _____ Work _____ ext. _____ Cell Phone _____

Please return registration form and proper payment to RVC at:

1907 Westmoreland Street, Richmond, VA 23230

Call 358-3000 for more information!

www.rvc.net